

Breakfast

Imperial Breakfast

Fresh eggs, bacon, toast & hash browns

Brioche French Toast

Thick cut brioche french toast with genuine maple syrup add berries/Nutella/banana/nuts +1

Fruit Crepe

Strawberries banana, Nutella, with powdered sugar and whip Cream

Old Fashion Oatmeal

Brown sugar & raisins
oat milk, dairy, fruit, nuts, chia seeds +1

Breakfast Sandwich On a Pretzel Roll
Eggs, baby greens, swiss and avocado with honey mustard or garlic aoli on a pretzel roll

Omelettes

South Bay

Made with fresh eggs, artichoke heart, kalamata olives, chopped spinach and tomato, with a feta basil sprinkle and in-house balsamic glaze

Turbine

Made with fresh eggs, chicken, avocado, red bell peppers, cilantro and grilled red onions served with salsa and in-house chipotle sauce

Old Town

Made with fresh eggs, steak, swiss, mushroom, chopped spinach, onion, thyme and a side of garlic aoli

Grilled Burritos

Breakfast

Fresh eggs, bacon, avocado, spinach, potato, salsa, swiss, cilantro sprinkle, wrapped in a tomato tortilla

Chipotle Chicken

Chicken, jalepeño, tomato, mushrooms, and chipotle w/mozzarella wrapped in a tomato tortilla.

Lunch

Tri-Tip Sandwich

Tri-tip, tomato, lettuce, grilled red onion and garlic aoli on ciabatta

Roasted Veggie Panini

Roasted vegetables, sun-dried tomatoes, fresh mozzarella and kale pesto on ciabatta

Flat Top Tuna Melt
Chunk white albacore and swiss on sourdough

Chicken Artichoke Sandwich

Chicken, artichoke, kale pesto & fresh mozzarella on ciabatta

**Not Fast Food,
Good Food!**

Harvest Chicken Salad

Chicken, mixed greens, roasted sweet potato, sliced apples, red onions, & geta with a maple balsamic glaze

Autumn Kale Salad

Kale, carrots, green beans, golden raisins, pomegranate and pumpkin seeds, shaved parmesan, & creamy garlic

Forever Summer Salad

Mixed greens, dried apricots, orange slices goat cheese, candied walnuts & orange basil dressing

Salad add-ons

Chicken - 2 / Tri-tip - 4 / Salmon - 4 / Soup - 5

a yawn is a SILENT SCREAM for coffee™

Breakfast quesadillas

Mushroom, tomato, spinach, mozzarella, egg, salsa and avocado on the side
bacon +1 chicken + 2

Gundo scramble

Eggs, sauteed mushrooms, sauteed tomatoes, jalepeños, avocados, and in-house salsa
bacon +1

Bagel Sandwich

Mariposa Street

Avocado, tomato, cream cheese, red peppers & baby greens

California Street

Bacon, Tomato, red onions, avocado & cream cheese

Richmond Street

Egg, choice of ham or bacon & swiss cheese -

Main Street

Smoked salmon, capers, tomato, red onion & cream cheese

Avocado Toast

All Toasts are made with Avocado a garlic rub & Black Lava Sea Salt

California Hash

Egg, hashbrowns, salsa, mozzarella and cilantro

Hill Top

Fresh mozzarella, tomato, basil and a house made balsamic glaze

Pickle Rick

Smoke salmon, red onion and El Segundo pickled tomatoes

Peppa' Pig

Shredded bacon, feta cheese, cracked pepper and chives

Naked Toast

Just toast and avocado

Kids!

PB&J

Lil' Dippers

jr. grand

nutella banana sandwich

Peanut butter and jelly on brioche

French toast strips & genuine maple syrup

Egg any style, bacon and toast

Nutella and banana on brioche

Sides

Fruit Cup

Seasonal fruit served with melon and banana

Eggs

Two eggs served any style

Greek Yogurt

Greek yogurt with choice of granola fruit, honey, chia seeds & cinnamon

SOup

BACON!

Hash browns

Shredded potatoes with chives and paprika

Toast

Choice of: sourdough, wheat, brioche or pretzel

***Our kitchen is small, but our taste is big please be patient. Preparation times may take up to 20 minutes. Thank you!**



BLUE BUTTERFLY CAFE

351 Main St. El Segundo 90245
Call ins Welcome
(310) 640 - 7687

SMOKY HOLLOW ROASTERS

118 Sierra St. Unit C El Segundo 90245
(Street Parking Only)
(310) 648 - 8990